



April 2022

Volume 26 Number 8



Our community kiosk is nearly complete! Such a huge thank you to all who have contributed and participated in making it a reality. By the time this newsletter goes out, we should have the community board up and operating.

3 sections will be on the board, 2 locking cabinets, one for school news, one for community center happenings and updates, and then the center board for community members to post their letters, ads, news and so much more. If you don't already know, this board is located outside the post office on the old Bridge side. Come by soon and check out the community happenings.

This month we are searching for volunteers for a few different events. We are seeking out some consistent folks who may be willing to run a kids sport Sunday, assist us with movie nights and also contribute during the parent Cafe and Easter celebration. Please let us know if you are interested. We are working hard to bring in some new folks for these events to allow our BridgeFest volunteers to focus on the big event. Reach out if you have any questions or ideas at 707-777-1775. As always, tea time on Wednesdays, 2:30-3:30 is a wonderful time to come in and chat about these things and community in general. Let us know your thoughts.

Please check the back calendar for upcoming events and times, they will become a bit fuller as the weather allows for more outdoor gatherings.

Just a quick update on our food pantry and some other resources. We shifted our pantry days to do both Dinsmore and Bridgeville on the same Friday. This shifted our packing volunteer hours to Thursday late afternoon instead of Friday, but on our end, this has proven to be beneficial to some of our volunteers, as well as beneficial to our perishables. Please let us know your feedback if this has been a positive or negative change. We strive to be better for everyone and feedback is of the utmost importance with our planning.

For our other resources, as a reminder, we provide emergency food throughout the month, we of-

ten have baby food and formula, diapers, specialty diapers, adult diapers, hygiene and dental kits, sometimes gas cards, food cards and more. We have a washer and dryer available for community use, a shower, bathroom, internet and computer available. Please don't hesitate if you need to utilize any of these resources, this is what we are here for.

Happy Spring Folks!

Danielle Holway
Executive Director



Grand Opening

Bridgeville Community Center Moving to New Bridgeville Office Centre

The Bridgeville Community Center is pleased to announce it's moving to its new location in the newly constructed Bridgeville Office Centre, conveniently located off Highway 36. You may have noticed some construction on Highway 36 recently, as they were completing the new Bridgeville exit 108 ramp. The new building was funded by blueberry pie sales and community donations.



Opening ceremonies will include a marching band, hot dogs, and balloons. The new interchange will also allow traffic to flow more easily into downtown Bridgeville. The Grand Opening date and details will be announced on April 1st. 😊

Bridgeville Student Wins Award

The JAC (Junior American Citizen) Contest is open to all students grades pre-school through 12. Young Loveless won a special award locally by Eel River Valley Chapter JAC for extensive research for both a banner and a written piece about The Tomb of the Unknown Soldier, presented by Ms. Virginia Howard Mullan. Eden Benavidez, Calvin Comarsh, Annabelle Enstminger, Kayla Kirk, Myla Kirk, Shiloh Perras, and Todd Perras, became members of JAC by being part of Bridgeville 4-H. Congratulations to all.



HWY 36 Traffic Report

To get current traffic reports check:
<https://roads.dot.ca.gov/> or call
Caltrans 1 (800) 427-7623

Please drive carefully at all times. *Slow Down.*

Who are the members of the Bridgeville Community Center Board of Directors?

Joyce Church, Clover Howeth,
Lauri King, Gabriel Marien, Frieda Smith

Bridgeville Community Center Mission Statement

"The Bridgeville Community Center is dedicated to improving the quality of life for all our community members. We are committed to bringing people of all ages together to encourage good health, self-esteem, creativity, and personal development."

Bridgeville Community Newsletter

Published monthly by the Bridgeville Community Center

Attila Gyenis—Editor

Bridgeville Community Center

PO Box 3

Bridgeville, CA 95526

Tel: (707) 777-1775

Email— BridgevilleNews@yahoo.com
www.BridgevilleCommunityCenter.org

2022 BridgeFest BroadCast!

A Monthly Update

We Are Back! Live!

After two successful years with our virtual Facebook BridgeFest, we are back this year "Live on the Old Bridge" and have already seen \$2500 worth of merchandise, gift certificates and cash received toward our \$10,000 goal. Thank you to some of our early donors, such as \$500 from Swain's Flat Garden and Store, a cord of firewood from Bonnie Cook, Sequoia Zoo Goodies, Humboldt Distillery products, \$150 each from Wyckoff, Sequoia Gas and Redwood Glass & Window, a \$50 gift certificate from Eel River Brewing plus \$25 gift certificates from Signature Coffee and Booklegger. Thank you to All!

Now is the fun part of designing the 2022 t-shirt and poster, printing the raffle tickets, talking with craft vendors, ordering the out-houses, reaching out to musicians, preparing monthly dinners and inviting our Alien friends to travel back to earth for the Human and Alien Games on Saturday, August 20! Join the fun! Next meeting Wednesday, April 6th at 10:00 at the Center. Come on down, be seeing you.

\$10,000

\$2,500

**For a \$150 donation you can have your
business or individual name printed on**

BridgeFest 2022

T-shirts and Sweat Shirts!

Call 777-1775 Before May 15 to order



BridgeFest— August 20th

REDUCE, REUSE, RECYCLE

Comments and corrections are always welcome. Management is not responsible for any errors, omissions, or other editorial mis-statements, intentional or otherwise. The views expressed by the authors do not necessarily reflect the Bridgeville Community Center or its staff. If you have any other concerns, please submit them in triplicate.

FRIDAY APRIL 22nd

Kay Brown's

**Take and Bake
"Chicken Pot Pie"**

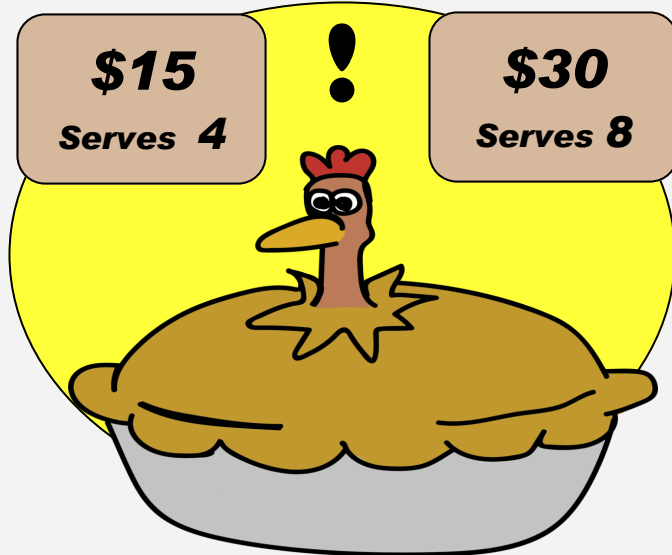
\$15

Serves 4



\$30

Serves 8



Order by MONDAY APRIL 18TH

Call 777-1775 Pick Up 3:00-5:00pm

Bridgeville Community Center



**Vaccine Clinics
– In Your
Neighborhood**

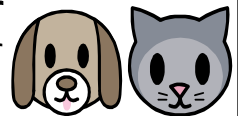
Covid Vaccine Clinic Saturday 4/23/22

There will be a Covid Vaccine clinic (testing and vaccine, including boosters) at the Bridgeville Community Center on Saturday, April 23rd, 10am - 3 pm. For more details please contact the community center (707) 777-1775.



Better Food for Better Living

**Please spay and neuter your
pets. Need help getting your
pets fixed? Call (707) 442-SPAY**



FREE BIOCHAR WORKSHOP

"Hands-On Training in Biochar Creation and Process"

Sponsored by Van Duzen/Mad River Fire Safety Council, Bridgeville Community Center

& St. Joseph's CBI Grant and Bridgeville Volunteer Fire Department

**FOR HOMEOWNERS, LAND MANAGERS, RANCHERS, FARMERS,
LOGGERS, CONSERVATIONISTS, FLASH PROGRAM RECIPIENTS**

SATURDAY, APRIL 23, 2022

9:00 AM TO 3:00 PM in Larabee Valley

Providing Morning Coffee/Tea and Snacks, and Lunch.

LIMITED CLASS SPACE AVAILABLE

MUST RESERVE BY APRIL 15, 2022

CALL: FSC Rep Lyn Javier at 707-601-7982

Healthy Spirits

By Lauri Rose, RN BSN HNB-BC

Nothing is sure in life but death and taxes, hence April is Advance Directives month. For many years now doctors have been urging people to fill out advance directives so if they get seriously ill they won't get care they don't want, like breathing machines. Or antibiotics when their dementia is so advanced they don't know who their family is. Is all this doctor haranguing working? Not really. Studies show that people still receive care that is not congruent with their wishes. How come?

Doctors are pushed for productivity and conversations about future disasters take time. The filling out of an advance directive has become a one and done checkbox. Once a copy of your directive is on your chart your doctor never asks about it again. Which isn't how these conversations work.

As we age our ideas about what constitutes a quality life changes. In his 70s my father adamantly stated he never wanted to be like his friend Jack, who was disabled by a stroke. As Dad himself became more disabled life remained precious. At 96 he is willing to accept more limitations in return for more life time. For some people it is just the opposite. When they are 60 they can't imagine being disabled so they say, "Of course do CPR, intubate, feeding tube, give me every chance." Realistic or not, they are sure they will fully recover. As they get older, and the aches and pains take up permanent residence, they say, "This isn't so great anymore. No tubes, just keep me comfortable."

If you don't want to be stuck having things done (or not done) when you get sick, you need to choose someone to make your decisions for you if you can't. More importantly you need to KEEP having conversations with that person, and the rest of your family or friends, about what you want when you can no longer tell us your decisions.

These conversations don't have to be specific – you'll never think of every bad thing that can happen to you. And they don't have to be gloomy. Tell people what makes life worth living for you, what brings you joy. Then when the doctor says, "If we treat him he'll live, but never eat ice cream again" your surrogate decision-maker can say, "Don't treat. Ice Cream was the only thing that made life worth living". That's flippant, but it makes the point. If you can't tell us what you want, then you want others to make decisions that reflect who *you* are, what *you* think makes life worth living and what *you* think of as worse than death.

So, after you file taxes, start talking. Here are two websites to help get you started:

<https://theconversationproject.org/>

https://www.americanbar.org/content/dam/aba/administrative/law_aging/2020-tool-kit-hcap.pdf



On March 12, 2022 our BCERT & BVFD got together to set up the ground rules and training around our two teams working together in a disaster. It was interesting and a very educational experience for all of us.

Our next meeting is on May 22, 2022 and because of limited space and equipment it will be for CERT members only. We will be practicing with our walkie/talkies and HAM radios. The July meeting will be open to all community members and will be announced in the June newsletter.

There are "Know Your Zone" brochures located at Bridgeville Community Center. Humboldt Office of Emergency Services new preparedness resource, for when it comes to evacuations.

Step 1 - Visit: community.zonehaven.com

Find your zone: type your address in the search bar or use your current location.

Step 2 - Visit: humboldt.gov/alerts

Register with Humboldt County's Emergency Alert System: Humboldt Alert

Step 3 - Start Preparing NOW

During an Emergency, survival largely depends on YOU.

PREPARE before disaster strikes. PLAN your Evacuation for a variety of potential emergency events. For more preparedness resources visit: Ready.gov

For more information visit: myzone.zonehaven.com

Be safe & stay healthy,

Lyn Javier

KN6MLN, BCERT Team Leader

BridgvilleCERT@gmail.com

707-601-7982



Bridgeville Community Easter Breakfast & Easter Egg Hunt

Saturday, April 16, 2022
at Bridgeville School

Breakfast served at 10:30am

Adults \$5.00 Children \$3.50

Easter Egg Hunt at 12 noon



"Dear MFP" (*Master Food Preserver*)

By Dottie Simmons



How do I prepare for when the SHTF*?

Long before Covid, war in Ukraine, and the effects of climate change were evident, people were concerned about surviving a disaster. Whether urban or rural, you want a good supply of basics. And the MOST IMPORTANT basic is KNOWLEDGE. Learn CPR and basic first aid. Learn to cook from scratch and how to use tools. Know how to garden and how to safely store food. Know how to do things without electricity.

All agencies recommend a 3 day kit of emergency supplies, as simple as water and a stash of energy bars. For a long-term disaster you need an assortment of nutritious foods. Learn which foods contain nutrients you need. For instance, canned fruits and vegetables contain vitamins A and C, canned meats and jerky have B12.

In the hardest of times, commercial or home canned or dehydrated foods, spices and baking essentials, dry goods such as beans, rice, pasta, flour, and cornmeal, a garden or few containers planted with herbs and greens can keep you going.

Do you have salt, pepper, sugar and baking powder? Powdered or canned milk? How about catsup and mustard? Peanut butter? Chili powder and salsa? Soy and BBQ sauce? Food is pretty boring without seasonings. Consider getting a pitcher-type water filter for your tap water.

To store food successfully consider: initial quality; shelf life; and environmental needs in a cupboard; pantry; refrigerator; freezer or cellar.

A cupboard or pantry should be dry, cool, and dark. The temperature between 50 to 70 °F. Higher temperatures speed up deterioration as does direct sunlight. Store foods away from stoves, water heater, dishwasher or hot pipes. Pantries work for canned goods, packaged goods, grains, beans and more.

Onions and garlic need dry well-ventilated storage. Don't let them cook or freeze.

Cool, dark, and moist cellars are great for home canned goods, apples, and root crops.

Refrigerators and freezers are good as long as you have power. Fill extra space in a freezer with jugs of water (leave space for the water to expand as it freezes). A full freezer takes less power and these are great in coolers or even your refrigerator when needed. If power goes off, prolong food life by insulating appliances with blankets, taking out a week's supply at a time, otherwise leaving them closed.

Always rotate foods to eat the oldest first. Buy amounts you can use within that food's optimum storage time.

(* an abbreviation for when the S**t Hits The Fan)

Find links to charts of foods storage times online at:

<http://nchfp.uga.edu/how/store.html>

https://nchfp.uga.edu/how/store/UGA_foodstorage_2011.pdf



BRIDGEVILLE VOLUNTEER FIRE DEPARTMENT

Our monthly training day was a bit different than what we normally do. Bridgeville's Community Emergency Response Team (CERT) joined us for our training. CERT is a local group of residents, who live in the Bridgeville area, and are certified in basic disaster preparedness skills. Humboldt County can activate CERT to respond and assist first responders with disasters. Every two months, CERT practices their skills and work on creating neighborhood networks together. So, we decided it would be beneficial to bring both agencies together. It was a great opportunity for CERT to become familiar with BVFD's apparatuses and tools they may need to use and grab for first responders. Our training heavily focused on Engine 7662, our Type 6 engine, also called our Attack. Engine 7662 is the main engine we take to all emergencies because it stores a diverse set of tools. Tools used for auto extrication, medical calls, wildland fires, traffic collisions, and can also drive & pump water at the same time. We also reviewed our Rescue 7671 and Engine 7623. Rescue 7671 holds a variety of tools, but mainly our Rope Rescue gear and air tanks for our breathing apparatuses.

It was a great time getting to know our local CERT and we can't wait for them to share what's inside their new trailer!



Humboldt County Bookmobile



Read A Book

They Deliver 2nd Tuesday
Bookmobile: (707) 267-9933

ARE WE CRAZY OR WHAT?

(BACK TO THE LAND in our 60's and beyond)

Chainsaw, Prairie Schooner and Swing

We had a marvelous surprise when close friends gave us one of those Stihl battery powered little light chainsaws. You just whip it out, plug in the battery, push the thing to start and slice through any wood product you see till about 45 minutes later, when the battery dies, at which time you switch batteries and are ready to go again. What a gift! It's reinvigorated our energies to get out there and saw. With our bigger chainsaw, we are using both to clear away more of those small firs interloping in our big oak's territory, trimming back the willows by the house, lopping off driveway branches that are so long we drive 'through' them instead of 'by' them and pruning other things where we can. When we are done using our new little Stihl, it will sit majestically on the mantle alongside porcelain candlesticks, ancient Chinese vases and framed photos of relatives...a new treasure.

And in between, we are very slowly getting our vegetable garden ready for planting. We mean slowly. Our son, Chad, has helped by tilling the large plots while we ready the Labyrinth. So far we haven't built that new greenhouse we talked about. Therefore this year's seeds are being planted in 3'X3' containers, placed on trays on the 12' table we used inside that old greenhouse, but with no new greenhouse over them built yet. In order to protect those seeds we have attached 1/2" PVC pipes to hoop over the table, then covered the hoops with 3 layers of plastic and underneath will use mounds of remay over the seeds at night to protect them from the 'Frost Valley' cold. If you drive by the garden you will think you traveled back in time and saw a prairie schooner, or covered wagon...It is!

Nothing is really easy out here. And this project says it all. A friend gave us a solid cedar, 8' X 6' swing. It's huge and beautiful! We decided to place it right in front of the house porch, facing the cabin flower garden...how lovely! But, first, prepare the spot: take out rocks, turf, weeds, tree stumps, rusted rebar, rotted fir poles, cracked pieces of paver – then dig and level it. Okay, now what to use to keep the plot nice. No. Not chips, too close to house for fire danger. Not that black plastic, it's made from petroleum plus would suffocate every living thing under it. Not pavers, as even the cheapest to cover the plot would cost more than that sequined outfit Kate wears to special events. So White Clover ground cover it is! Feels soft, don't need to mow, does well in drought and can handle heavy feet on it when established. Walla! A swing to wile away the day!

Lyn Javier and Kate McCay

Larabee (Nongatl) Valley
(possible name change in process)

TRCCG News

Two Rivers Community Care Group

It's easy to recognize anxiety if you're having a panic attack. Or if your anxiety is only in certain situations. But, anxiety may be only a subtle feeling of uneasiness without being able to identify anything specifically wrong.

If you are having panic attacks, seek professional help. The root cause of your attacks may be psychological, like hidden past traumas. Or it might be physical, like lacking certain nutrients, or a funky heart rhythm. Whatever the cause, panic attacks are so life disrupting you may need medications to control them while you find the root cause.

Situational anxieties may be triggered by past events, for example: you fell off a bridge when you were two, now heights scare you. Sometimes they start for no discernible reason. There could be a past event that didn't make an impression on your conscious mind but did on your unconscious. Or something so traumatic happened you can't remember it consciously without falling apart, but you still panic in a similar situation. Desensitization training is usually successful for situational anxiety, whether you discover the reason for it or not.

Generalized anxiety is harder to recognize. It's subtle signs include a tightening of the chest, heart palpitations, a tense jaw or neck and a vague sense of foreboding. It may be caused by the cumulative stresses of your current life, something in your past, or even something as simple as too much caffeine. If you see a healthcare provider they may offer medications. But ultimately, you'll want to control anxiety through your own internal resources. Yes, that might include no more coffee, Red Bull or even tea.

Having anxiety? – stop and look around realistically. Is the level of your anxiety appropriate to the problem? Is there really any problem at all, or are you just justifying your brain flipping out?

At the first sense of anxiousness, stop, take a deep breath and let out a sigh that is longer than the in-breath. Drop your shoulders. Imagine your guardian angel, or someone you love, holding you tenderly. Relax into them. Keep breathing deeply and sighing. Repeat those steps until you feel calmness coming back. Look around you and Be Here Now, think of one small thing that you are grateful for. Notice how your body feels when you relax. Especially notice your jaw, neck and stomach. Remember that feeling. Recall it the next time anxiety comes back.

Laugh. Even fake laughing with deep chesty HAHA's and HOHO's changes the neurotransmitters you are running. Exercise using the large muscles will dissipate stress, even long held stress. If you are feeling anxious jump around like a spider on a stovetop, stomp, stomp, stomp (and ho, ho, ho).

Keep at it, it takes practice to be calm. You can do it!

Thank You

THANK YOU SPONSORS *for making the newsletter possible.*

Newsletter Sponsors

John Church and Cathy Torres, Ben Fleek, Ruben-Lalita Brinckhaus, Virginia Howard Mullan & Michael Mullan, Ivan Katzarov & Valentina Atanasova, Angelique Russell, Iren Dekmar Gyenis & Gyula Gyenis, Billie Henson, Vickie Powell, Pam Walker & Dana Johnston, Kate McCay & Lyn Javier, Mr. Topaz, Marc & Dawn Regan, Judy McClintock, Bridgeville Fire Protection District, Becky Paterson, Willie and Wilma Buerger, Betty and Wayne Heaton, Paul Llewellyn, Humboldt Trinity Recreation Alliance, Dianne and Lawrence Bitte, Karen Sander-son, Arthur Riegel, Dennis and Cheryl Anderson, Susan Gordon, James and Deanne Keyser, Claudia Sauers, Timothy Ranstrom, John Wright, Marin and Didi Stoilovi, Dave Vegliano & Randy Krahn, Roger and Ida Schell-hous, Gloria Cottrell, John and Dona Blakely, Maggie Philipson, Ceci Le Mieux, Carlene & Kenneth Richardson, Stephen Barager & Ilene Mandelbaum, George and Kathy Hayes, Charlotte and Harvey Holt, Ruben Segura & Paula G. Gouley, Lauri Rose, Darrell Furtado, Kay Brown, Robin & Vernon Rousseau, Kristofer Becker, Michael Guerriero Design, Blocksburg Town Hall Assn., John and Peggy Rice, Six Rivers Senior Citizens, Hansen Degnan Prop-erties, Clarence Korkowski & Luis Bustamante, Hansen Degnan Properties, Six Rivers Senior Citizens, Jack Ker-ouac, Maria Navarrette, Richard and Carol Holland, Mike and Clover Howeth, Virgilia Becker, Robert Speray, Dean Martin, Steve Mendonca, Paul & Rhonnda Pellegrini, Charles & Irene Hetrick, James & Catherine Burgess, Dennis & Lavonne Warren, Lester and Betty Phelps, James V. Rizza, Billie Cranmer, Jacqueline and Donald Appleton, Marianne Pennekamp, Valley View Realty, Pat-terson and Connors Insurance Agency, Judith Graves, Dottie & Dennis Simmons, Jim & Francene Rizza,

Bridgeville Community Center is a Federal non-profit or-ganization. Please consider donating to support the news-letter and the community center.

To be a sponsor for this newsletter, please send a con-tribution of \$25 or more to BCC, or through our website via paypal. For information, contact BCC at (707) 777-1775.

Bridgeville Community Newsletter
P. O. Box 3, Bridgeville, CA 95526

You can donate your car/vehicle to the CARS pro-gram, where the proceeds of the sale go to the BCC. We appreciate the past support-ers. The Community Center is depend-ent upon grants and donors like you. Thank you! Here is a link to get started:

<https://careasy.org/nonprofit/bridgevillecommunitycenter>



Bridgeville Trading Post

For Sale: Beautiful Petunia Hanging Bas-kets. They will be ready by April 15 thru May. I also have an assortment of 4" flower starts for making up your own con-tainers. Call Connie 707-777-1921 or stop by 83 Ackerman in Golden Gate Subdivi-sion. Closed Saturdays.

WANTED: Loving, caring people to help neighbors in need. Two Rivers Community Care Group, a volunteer hospice, seeks vol-unteers to help neighbors facing life altering illnesses and end-of-life issues. Call the Bridgeville Community Center to volunteer or if you need our services. 777-1775.

Volunteer Firefighters Wanted- The Bridgeville, Mad River, and Ruth Volunteer Fire Departments are looking for volunteers. The house they save may be yours or your neighbors. Contact them directly to sign up. Bridgeville Fire: 707-777-3244, Mad River Fire: 574-6536

What to be a STAR? - EMT classes and Dis-patcher classes starting soon at Southern Trinity. To sign up call Brooke at 707-574-6616 x209. Southern Trinity Area Rescue (STAR) is needs volunteers for the volunteer ambulances service to serve the community.

BridgeFest needs volunteers. Aliens and humans welcome. BridgeFest is August 20th, and we need all sorts of volunteers to help greet the aliens who will be descending from all points in the sky. Please call BCC, 777-1775, or come to a BridgeFest meeting.

Kindness Matters



**Customer Service
Managers**

Mikki Correia
License 4082757

Melissa Boomer
License 4082759

Patterson/Conners Insurance Services
1040 Main Street, Fortuna CA 95540
707-725-3400

Bridgeville Community Newsletter
PO Box 3
Bridgeville, CA 95526

NONPROFIT ORG
 US POSTAGE PAID
 BRIDGEVILLE, CA 95526
 PERMIT NO.2

If you wish to be added or removed from the Newsletter mailing list, please contact the BCC.

POSTAL CUSTOMER

PEACE ON
 EARTH

April 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Spring Haiku Mellow, mild, May day, calling children out to play. Summer's on her way!					1	2 Mad River Breakfast 8-11
3	4	5 Fire Dept meeting, 6pm	6 BridgeFest meeting 10am	7 BCC Board Mtg	8	9 Bridgeville Fire Dept training 10am
10	11 Fire District meeting, 6pm	12 - BES School board meeting, 5:30-6:30 • Bookmobile 10:30-12 noon	13	14	15	16 
17 Easter	18 Order Drive-Thru dinner 777-1775	19	20	21	22 Earthday  USDA Pantry: BCC 10am-4pm Dinsmore Airport, 9:00 am-11:00am - Pot Pie Drive Thru dinner pick up 3-5 pm	23
24	25	26	27	28 Community Pot-Luck Lunch, 11:30	29	30



Please don't start smoking.
Save money and save your health.
Call 1 (800) NO BUTTS

Mad River Community Breakfast

Every First Sunday of the Month
6 Rivers - Van Duzen Rd,
Mad River Community Center 8-11



WEEKLY: Hours: Tuesday - Friday: 9am - 4pm

Mondays: BCC CLOSED

Wednesdays: Tea Time with Danielle 2:30 - 3:30 pm

Thursday: Last Thursday of the month -
 Community Potluck Brunch 11:30

BCC Board Meeting on first Thursday of month at 3:30pm

www.BridgevilleCommunityCenter.org

HOW TO CONTACT US

You can call us at 707-777-1775. Email us at BridgevilleCommunityCenter@gmail.com

Visit us on facebook - Bridgeville Community Center

Or come to our office located on Kneeland Rd at the Bridgeville School. Or join Danielle at Tea-time every Wednesday afternoon 2:30 -3:30.